



# WELCOME TO YEAR 1

Meet the Teacher 2025

# Meet the Year 1 Team

ICO – Miss Cooper & Miss Skeer

ICH – Mrs Chantrell-Cole & Mrs Mercer

IT – Miss Tetlow & Mrs Tucker

# Moving from Reception to Year 1

- Formal Learning – Practical learning where possible.
- End of the day collection will be in the cage area of the playground.
- Lunch 12-1 outside on the playground for the duration.
- 2 Hours of PE a week.

# Typical day in Year 1

Time	Activity
8.50 - 9.00	Morning work, Milk & Fruit
9.00 - 9.30	Assembly or Phonics Session
9.30 - 10.30	Guided Reading
10.30 - 10.45	Playtime
10.45 - 11.50	Maths
11.50 - 12.00	Prepare for Lunchtime
12.00 - 1.00	Lunchtime
1.00 - 1.10	Registration and mindfulness activity
1.10 - 2.00	Science, History, Geography, PE, RE, PSHE, Music, Art and DT
2.00 - 2.10	Active Break
2.10 - 2.50	Science, History, Geography, PE, RE, PSHE, Music, Art and DT
2.50 - 3.05	Story, listening games and fruit
3.05	Home time

# Our Curriculum

Mornings: Maths, English, Phonics, Reading, Handwriting, Fine Motor Skills

Over the course of the year, we will be doing a mix of History and Geography.

The United Kingdom/Our Local Area

Local History – Shipwrecks & Lighthouses

Hot and Cold Places

The Victorians

The History of British Monarchs

Additional subjects taught: Science, PE, RE, Computing, Online Safety, PSHE and Music.

You can find each term's curriculum map on the website.

# Reading

- Little Wandle.
- Reading books are sent home every Friday following 3 group reading sessions.
- Please ensure books are returned on the following Monday.
- Sharing books – chosen independently and changed as required. Book talk is encouraged.
- Children may have to revisit books they have already read as a refresher.

# Phonics

- Little Wandle
- Daily 30-minute sessions
- Phonics screening W/C 8<sup>th</sup> June 2026 – attendance this week is important.

# PE

- We aim to complete 2 hours of PE a week. 2 x 1-hour sessions.
- We encourage children to practise getting dressed at home to help them get changed quickly in school too.
- Earrings – please remove these on PE days (plasters may also be used but need to be applied at home in the morning).
- Hair back.
- We will let you know each term if outdoors kits or indoor kits are needed via seesaw.
- Leave PE kits in school until the end of term.
- Each term a message via seesaw will be sent to inform you of our PE days.



# Seesaw



- You will receive a code at the end of the Meet the Teacher to allow you to join our class page.
- This will be used to share important information about our class and sometimes we will post pictures of our learning and special events.
- If you have any important messages, please ensure these are sent to the office as we cannot guarantee seeing these within a certain time frame – messages may be missed.

# General Comments

- Please clearly name all clothing brought to school including hats, scarves.
- Due to limited space in the classrooms please we kindly ask that children bring only small bags to school such as a book bag unless they require a change of clothes for after school activities.
- Named water bottle. Water only please – carpet, health, resources, water at lunch. Kept in school and filled up each day.
- Children have milk and fruit/snack in the morning. If you wish for your child to remain on green milk (no fluoride) please ensure you complete the form.
- Children are not allowed to bring toys from home. Or pokemon/football cards or sticker books.
- Hand gel is provided at school – personal products are not necessary.
- Any medicine/creams must be arranged via the office.
- No pencil cases or keyrings (attached to bags etc.)
- Children in training!

# School Dinners / Packed Lunch

- All KSI dinners are free, however, it is optional.
- Changes to dinner arrangements must be communicated through the office.
- If you choose to provide a packed lunch, please can you ensure it is healthy and nut free.

## Ideas for Lunch Boxes



### Sandwiches

Try using a variety of different types of bread: pitta bread, bagels, naan bread, chapattis, wraps, baguette etc. Fun shaped sandwiches always go down well too!

### Fillings

Canned fish  
Meat  
Cheese  
Egg  
Salad & vegetables

### Alternative ideas to sandwiches

Samosas  
Sausages  
Quiche  
Scotch Eggs  
Pasta  
Rice & Vegetables



### Fruit

Apple, satsuma, banana, strawberries, peaches, pineapple, melon, mango, nectarine, raisins, grapes (please cut top to bottom).

### Vegetables

Cut into manageable sizes where necessary.  
Carrots, sweet pepper, cherry tomatoes, cucumber, celery (serve with hummus, Greek yoghurt, dips).



### Extras

Yogurt, Fromage Frais, Cubed Cheese, Seeds (sunflower, pumpkin, sesame), Popcorn (unsalted), homemade 'healthy' biscuit, scone, carrot cake.



### Drinks

Please ensure your child has a drink in their lunchbox. No fizzy or energy drinks please.

### Further ideas

<https://www.nhs.uk/change4life-beta/recipes?filter=lunchbox>

<http://www.food.com/ideas/back-to-school-lunch-box-ideas->

## Year 1

- Hold a pencil correctly.
- Correct number and letter formation.
- Wash hands correctly.
- Write own full name correctly.
- Be able to tell their teacher where they live.
- Change for PE independently including shirt buttons (apart from top).
- Independently use a knife and fork.
- Recognise, read and write numbers to 20.
- Use scissors safely and correctly.
- Bring a named water bottle.
- Change own reading book.
- Listen and respond during conversations.

### *How parents can help:*

- Allow children to dress and undress themselves.
- Read regularly with your child.
- Teach children home addresses.
- Practise writing full name – including surname.
- Please label all clothes and belongings.

# Norbreck's WhatsApp Group Guidelines ...for parents



Independent parent WhatsApp groups are a tool to share useful communication about school. Stay factual with whole class/ school information.

Do not use WhatsApp groups as a platform to discuss or spread rumours about children, teachers or parents.

NEVER discuss the needs or behaviour of specific children in school.

Only write what you would feel comfortable telling someone respectfully face-to-face.

Think before you post— is it true, helpful, necessary, kind?

Respect the ethos and values of our school.  
Your actions should not bring the school into disrepute.

Avoid sharing personal views and beliefs.

Be a role model in your usage of social media. Children learn more from our own behaviour than they do from listening to us!

Norbreck strongly recommends that pupils do not use social media and WhatsApp groups.

If you share devices or accounts as a family, be aware of what your child may be able to access.

Support each other and the school community in making sure these guidelines are respected.

If you have a concern, make an appointment with an appropriate staff member who will be happy to help.

# Homework – Website demonstration

- Spellings will be changed weekly. These are given on a Monday and the children are tested on the Friday.

We are very excited for  
the year ahead!

Please don't hesitate to ask any question.