



WELCOME TO YEAR I

Meet the Year 1 Team

IS – Mrs Swarbrick

IB – Miss Burrows

IC – Miss Cooper

Transition

- Settling into Year One
- Routines and Expectations
- Formal Learning

Our Curriculum

Mornings: Maths, English, Phonics, Reading, Handwriting, Fine Motor Skills

Over the course of the year, we will be doing a mix of History and Geography.

The United Kingdom

Local History - Shipwrecks

Hot and Cold Places

A History of Aviation

The Victorians

Local Geography - Norbreck on the map

Additional subjects taught: Science, PE, RE, Computing, Online Safety, PSHE and Music.

You can find each term's curriculum map on the website.

Reading

- Little Wandle.
- Reading books are sent home every Friday following 3 group reading sessions.
- Please ensure books are returned on the following Monday.
- Sharing books – chosen independently and changed as required.
Book talk.

Phonics

- Little Wandle
- Daily 30-minute sessions
- Phonics screening W/C 9th June 2025 – attendance this week is important.

PE

- We aim to complete 2 hours of PE a week.
- Friday and Tuesday 2 x 1-hour sessions.
- We encourage children to practise getting dressed at home to help them get changed quickly in school too.
- Earrings – please remove these on PE days.
- Hair back.
- As it gets colder PE will be indoors, but we will let you know each term if outdoors kits, or indoor kits are needed via seesaw.
- Leave PE kits in school until the end of term.

Seesaw



- You will receive a code (on Friday) to allow you to join our class page.
- This will be used to share important information about our class and sometimes we will post pictures of our learning and special events.
- If you have any important messages, please ensure these are sent to the office as we cannot guarantee seeing these within a certain time frame – messages may be missed.

General Comments

- Please clearly name all clothing brought to school including hats, scarves, bags.
- Named water bottle. Water only please - carpet, health, resources, water at lunch.
- Children have milk and fruit/snack in the morning and another piece of fruit in the afternoon.
- Children are not allowed to bring toys from home. Or pokemon/football cards or sticker books.
- Hand gel is provided at school – personal products are not necessary. Any medicine/creams must be arranged via the office.
- Children in training!

School Dinners / Packed Lunch

- All KSI dinners are free, however, it is optional.
- Changes to dinner arrangements must be communicated through the office.
- If you choose to provide a packed lunch, please can you ensure it is healthy and **nut free**.

Ideas for Lunch Boxes



Sandwiches

Try using a variety of different types of bread: pitta bread, bagels, naan bread, chapattis, wraps, baguette etc.
Fun shaped sandwiches always go down well too!

Fillings

Canned fish
Meat
Cheese
Egg
Salad & vegetables

Alternative ideas to sandwiches

Samosas
Sausages
Quiche
Scotch Eggs
Pasta
Rice & Vegetables

Fruit

Apple, satsuma, banana, strawberries, peaches, pineapple, melon, mango, nectarine, raisins, grapes (please cut top to bottom).

Vegetables

Cut into manageable sizes where necessary.
Carrots, sweet pepper, cherry tomatoes, cucumber, celery (serve with hummus, Greek yoghurt, dips).

Extras

Yogurt, Fromage Frais, Cubed Cheese, Seeds (sunflower, pumpkin, sesame), Popcorn (unsalted), homemade 'healthy' biscuit, scone, carrot cake.



Drinks

Please ensure your child has a drink in their lunchbox. No fizzy or energy drinks please.

Further ideas

<https://www.nhs.uk/change4life-beta/recipes?filter=lunchbox>

<http://www.food.com/ideas/bac-k-to-school-lunch-box-ideas->



Year 1

- Hold a pencil correctly.
- Correct number and letter formation.
- Wash hands correctly.
- Write own full name correctly.
- Be able to tell their teacher where they live.
- Change for PE independently including shirt buttons (apart from top).
- Independently use a knife and fork.
- Recognise, read and write numbers to 20.
- Use scissors safely and correctly.
- Bring a named water bottle.
- Change own reading book.
- Listen and respond during conversations.

How parents can help:

- Allow children to dress and undress themselves.
- Read regularly with your child.
- Teach children home addresses.
- Practise writing full name – including surname.
- Please label all clothes and belongings.

Norbreck's WhatsApp Group Guidelines ...for parents



Independent parent WhatsApp groups are a tool to share useful communication about school. Stay factual with whole class/ school information.

Do not use WhatsApp groups as a platform to discuss or spread rumours about children, teachers or parents.

NEVER discuss the needs or behaviour of specific children in school.

Only write what you would feel comfortable telling someone respectfully face-to-face.

Think before you post— is it true, helpful, necessary, kind?

Respect the ethos and values of our school. Your actions should not bring the school into disrepute.

Avoid sharing personal views and beliefs.

Be a role model in your usage of social media. Children learn more from our own behaviour than they do from listening to us!

Norbreck strongly recommends that pupils do not use social media and WhatsApp groups.

If you share devices or accounts as a family, be aware of what your child may be able to access.

Support each other and the school community in making sure these guidelines are respected.

If you have a concern, make an appointment with an appropriate staff member who will be happy to help.

We are very excited for
the year ahead!

Please don't hesitate to ask any question.